



**L3519**

**Product Features:**

- 6.3-oz, 100% polyester jersey with wicking technology
- No Bleed Fabric (NBF) created with a unique cationic dye process for easy printing
- Contrast panel at shoulders and sides
- Contoured fit

Ladies' sizes: XS-4XL

**Icons/Fabric Features:**



**Available Colours and PMS Colours**

Textile fabric colours are subject to dye lot variation and will not be exact match to print pantone reference

BLACK / WHITE Black 6C / No PMS	WHITE / BLACK No PMS / Black 6C	TRUE NAVY / WHITE 539C / No PMS	WHITE / TRUE NAVY No PMS / 539C	TRUE ROYAL / WHITE 7687C / No PMS	WHITE / TRUE ROYAL No PMS / 7687C	TRUE RED / WHITE 200C / No PMS	WHITE / TRUE RED 200C / No PMS	WILD RASPBERRY / WHITE A Little Deeper Than Rubine Red C / No PMS
TRUE NAVY / GOLD 539C / 1235C	GOLD / BLACK 1235C / Black 6C	COAL GREY / BLACK Between Cool Gray 10C & Cool Gray 11C / Black 6C	CAROLINA BLUE / COAL GREY 7454C / Between Cool Gray 10C & Cool Gray 11C	LIME / TRUE NAVY 375C / 539C	BLACK / EXTREME ORANGE Black 6C / 804C	BLACK / EXTREME YELLOW Black 6C / Between 802C & 803C	BLACK / TRUE RED Black 6C / 200C	TRUE RED / BLACK 200C / Black 6C
DEEP ORANGE / BLACK 1665C / Black 6C	PURPLE / WHITE Little Darker Than 7672C / No PMS	BLACK / GOLD Black 6C / 1235C						

Due to the nature of polyester, special care must be taken throughout the decoration process.

## L3519 - ATC™ Pro Team Home & Away Ladies' Jersey

### GARMENT MEASUREMENTS

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest - Half Measure	18"	19"	20"	21 1/2"	23"	24 1/2"	26 1/2"	28 1/2"
Chest - Full Measure	36"	38"	40"	43"	46"	49"	53"	57"
Body Length from HPS	25"	25 1/2"	26"	27"	28"	29"	29 1/2"	30"
Sleeve Length-CB	14"	14 1/2"	15"	15 5/8"	16 1/4"	16 7/8"	17 1/2"	18 1/8"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

### LADIES' General Sizing Guide

Size	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Size	2	4-6	8-10	12-14	16	18-20	22	24
Bust	32"-34"	35"-36"	37"-38"	39"-41"	42"-44"	45"-47"	48"-51"	52"-55"
Waist	24"-25"	26"-27"	28"-30"	30"-32"	33"-35"	36"-38"	40"-42"	42"-44"
Hip	33"-35"	35"-37"	37"-39"	39"-41"	42"-44"	45"-47"	48"-50"	50"-52"
Sleeve Length-CB	30"-30 1/2"	30 1/2"-31"	31 1/2"-32"	32 1/2"-33"	33 1/2"-34"	34"-34 1/2"	34 1/2"-35"	34 1/2"-35"



## DECORATING INSTRUCTIONS FOR NO BLEED POLYESTER FABRICS

Due to the nature of polyester, special care must be taken throughout the decoration process.

Here are some tips to effectively decorate our no bleed performance products.

- Garment temperature must not exceed 320°F or 160°C. Exceeding this temperature will cause the fabric to shrink, become wavy or cause dye migration.
- Dryer temperature and belt speeds must be changed accordingly for polyester fabric.
- If flashing these garments, do not exceed 1-2 seconds. Anything longer may damage the fabric as stated above.
- **Screen Printing:** These garments require the use of poly inks that cures at a lower temperature. Please consult your ink supplier for more information.
- Polyester requires a longer cooling time than cotton. Avoid overlap of garments and screen-print/heat transfer until the garments are cooled. Failure to cool the fabric prior to stacking into a printer's fold may cause the fabric and applied ink to stick together.
- **Heat Transfers:** If you heat press these garments, you must adjust the time, temperature and pressure. Failure to do so may damage the fabric as stated above.
- **Sublimation Printing:** This process can only be done on white or very light colour shirts. Inks used in printing paper design needs to be darker than the base fabric or colour will migrate with the fabric colour resulting in a bleeding effect.
- A test sample run is recommended, especially if you have a large order or if your printer does not specialize in printing on performance fabrics.